

**SINGLETON C.E.
PRIMARY SCHOOL**



ASTHMA POLICY

December 2020

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At Singleton School we have an increasing number of pupils with asthma. Pupils with asthma are welcome in the school and will be encouraged to take full part in all activities of the school. Parents will be encouraged to complete a questionnaire (if necessary) on entry to the school.

We feel the following aims are very important.

1. To have a comprehensive register of children suffering from asthma on the staff notice board
2. We recognise that immediate access to inhalers is vital. Older children will be encouraged to keep their inhalers with them at all times, but to have a spare kept permanently at school.
3. We want all children with asthma to feel confident and supported by everyone else in school. When they first come to school they will need maximum support but as they progress through the school our aim is for the children to be able to cope independently in managing their condition. We try to ensure that help will always be at hand.

In order to achieve these aims the following guidelines should be followed:

- Every child must have easy access to their inhaler.
- The child's parents and doctor should decide when they are old enough to use their inhalers independently.
- Keep a record of each child's medication – this is kept in the medication file in the head teachers office.
- Ask parents to ensure that children have two reliever inhalers, a spare one to be kept at school and on to use on the journey.
- Spare reliever inhalers marked with the child's name are kept in the office hanging up on the side of the filing cabinet.
- Make sure the inhalers are always taken on school trips, sports matches and to the swimming pool.
- Make sure that everyone involved in physical education is aware of the needs of children with asthma.
- Make an opportunity for children who have exercise induced asthma to take a puff of their inhaler before they start exercise. Everyone needs to be aware that some children are shy of doing this in public.
- Make sure that children who say they are too wheezy to continue to take their reliever inhaler and rest until they feel better.
- It is possible that pets (hamsters, guinea-pigs, etc) in the classroom with asthma. If kept at school, pets should be housed away from the classroom.