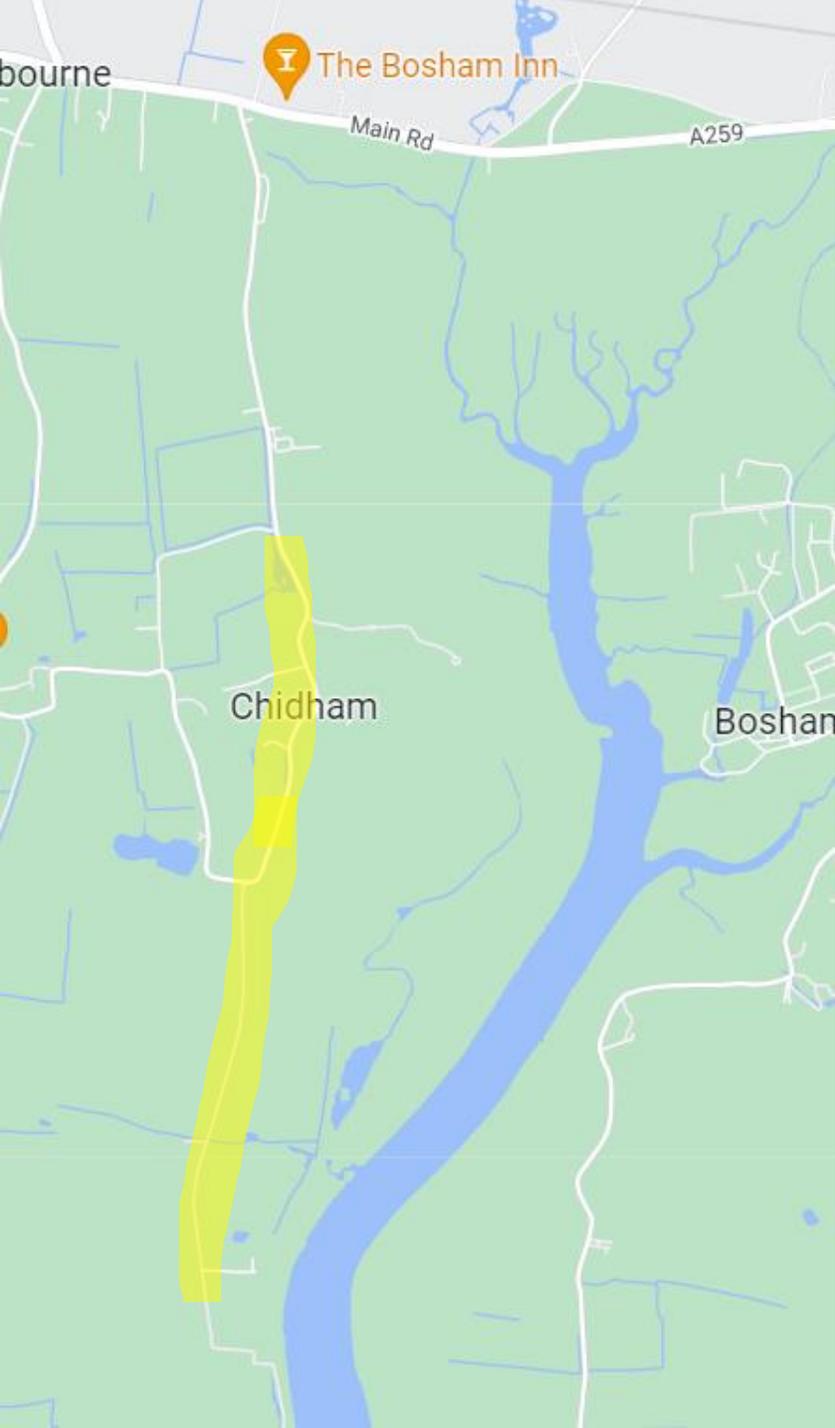
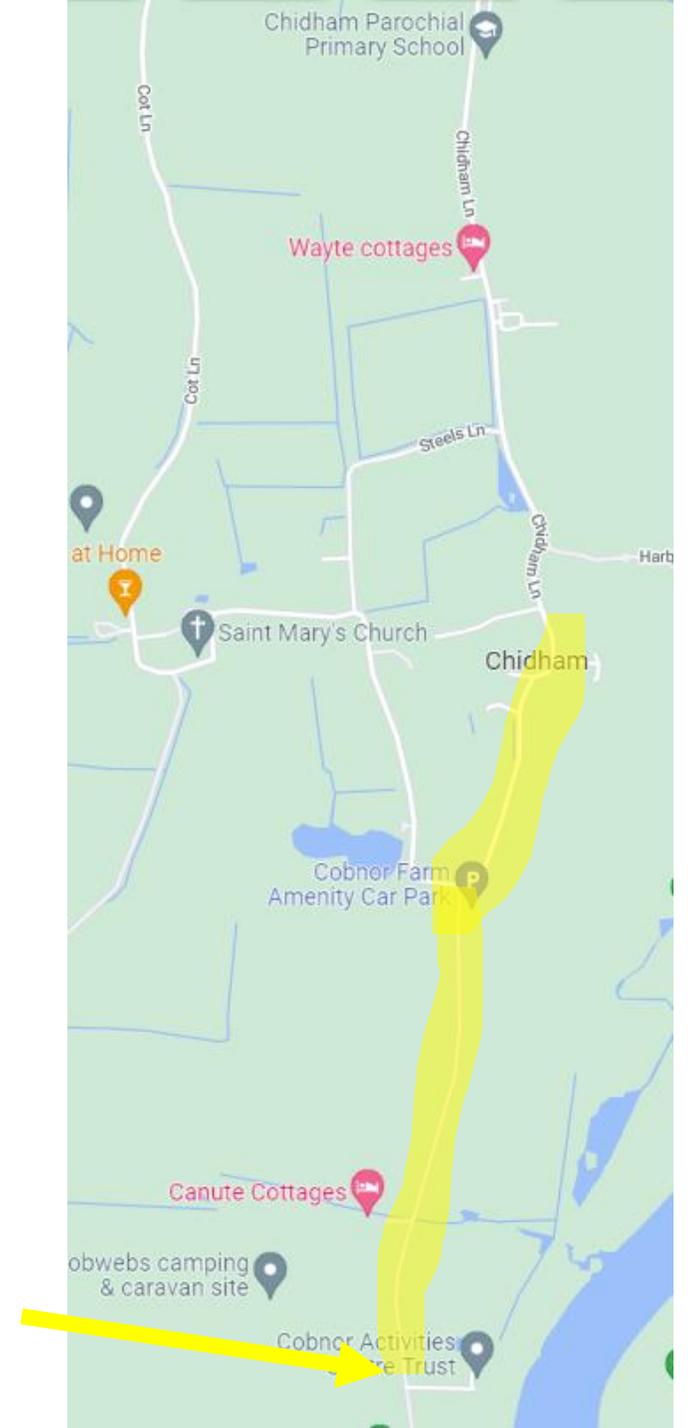


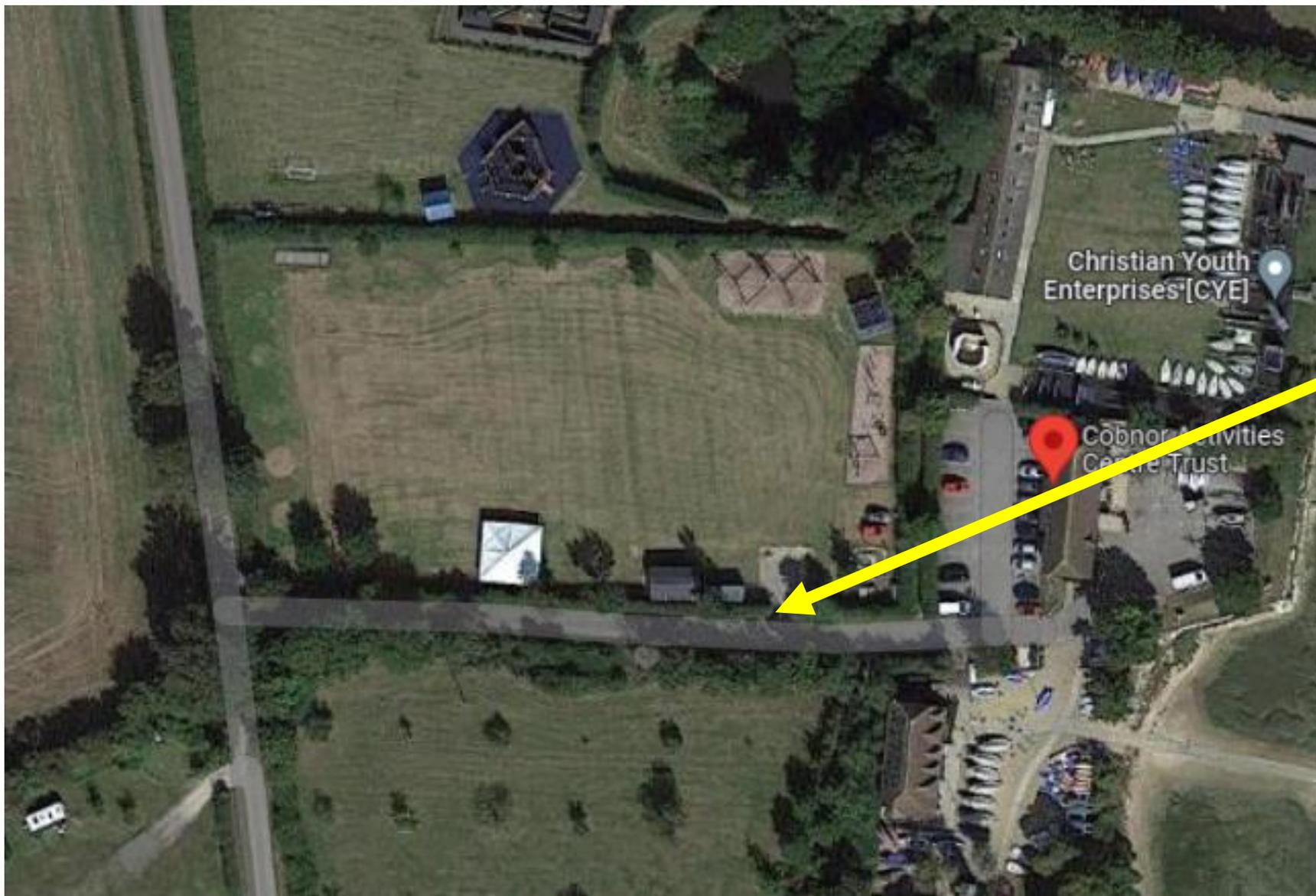
# Residential at Cobnor 2022





Please be aware that the highlighted road is narrow.





Drop off and pick up point and turning circle.

**DROP OFF BETWEEN  
9.15 AND 9.30AM**

**Pick up between  
1.15 and 1.30PM**

Please ensure children are dropped off between these times and then we ask that all families leave promptly.

Their bags will be stored under the marquees – please ensure everything is contained within their bags and their pillow and sleeping bag are in a separate bag ( large recycled shopping bags are great).

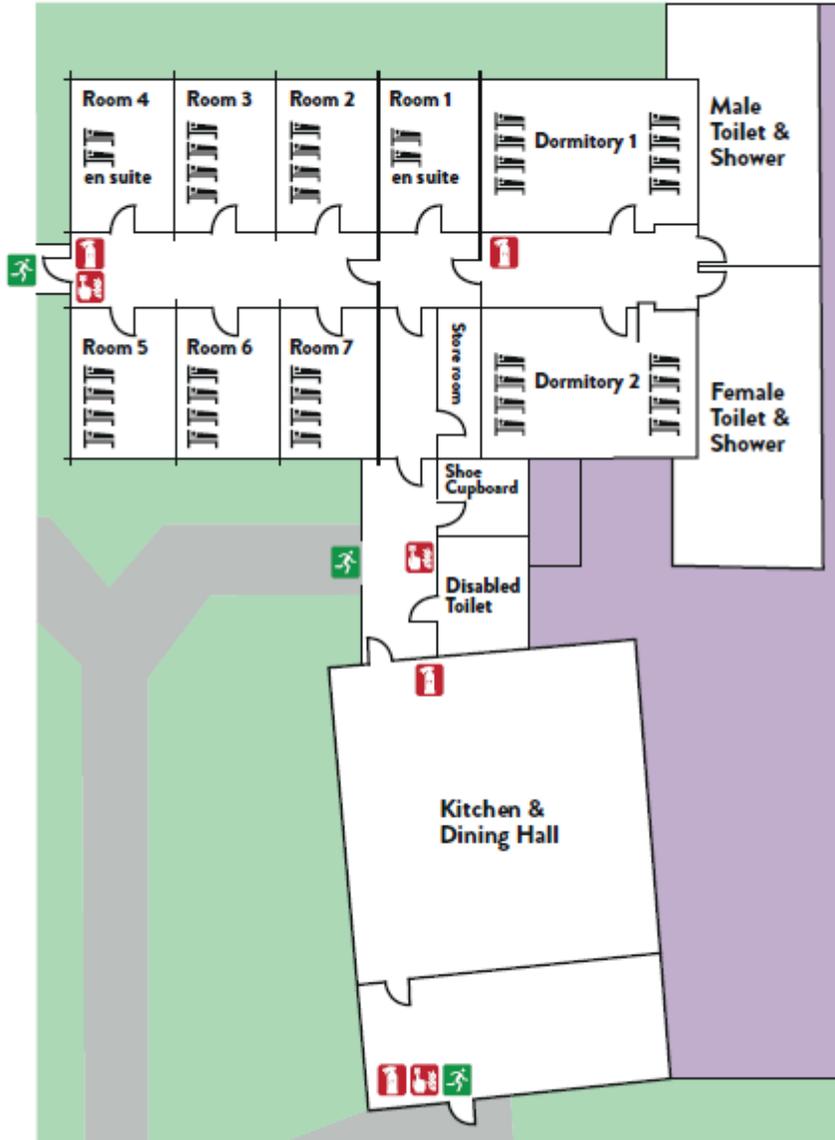
They need to bring a packed lunch for the first day.

They need to arrive wearing clothing to go for a walk:

- Raincoat – can be tied round their waist
- Trainers/walking boots on
- Water bottle

We will then complete a circular walk as a school before coming back to unpack and get beds sorted out.

# Building layout



## Key



Emergency exit



Fire extinguisher



Call point

The children will be in an allocated dormitory room.

They will be told the room once we return from their walk.

Mrs Smyth and Miss Boyd will sleep in Room 4 and Room 1

The children may bring:

- A soft toy
- A book to read

The children must not bring:

- Any food
- Any electronics or a phone
- Any money

Whilst it may seem fun to pack a 'midnight snack' we ask that they do not.

We will have snacks through the day given to us by Cobnor.

## Clothes / Kit

Kit lists have been sent already – but please ensure the children have:

- Extra socks and underwear - we will be out in all weathers
- Slippers / soft shoes to wear inside the accommodation
- Trainers that you do not care about getting wet – plus trainers and boots to walk in
- Waterproof clothing - waterproof trousers will stop trousers getting wet!
- Jeans are hard to get dry – tracksuit bottoms and leggings are better

For bed time:

- PJs and a dressing gown / cosy hoodie

They need a pillow with pillowcase on and sleeping bag (sheet provided)

Please ensure they have their washbag with everything they need – we will encourage them to shower!

They will need a towel for washing and one for drying off after any sports.

<b>Wednesday 19<sup>th</sup> October</b>	<b>Group 1 (11+1)</b>	<b>Group 2 (11+1)</b>
<b>11:15 – 12:45</b>	Arrivals and welcomes	Arrivals and welcomes
<b>12:45- 13:15</b>	Lunch – Please bring lunch on the first day	Lunch – Please bring lunch on the first day
<b>13:15-14:45</b>	Archery	Keelboat Sailing
<b>14:45 – 15:00</b>	Break	Break
<b>15.00-16.30</b>	Initiative exercises	Keelboat Sailing
<b>1730 -1830</b>	Dinner	Dinner
<b>18:30+</b>	Self-led - Evening activities – Fire Pit & Marshmallows	Self-led - Evening activities – Fire Pit & Marshmallows
<b>Thursday 20<sup>th</sup> October</b>	<b>Group 1 (11+1)</b>	<b>Group 2 (11+1)</b>
<b>08:00-09:00</b>	Breakfast	Breakfast
<b>09:30 – 11:00</b>	Areoball	Kayaking
<b>11:00-11:15</b>	Break	Break
<b>11:15 – 12:45</b>	Climbing	Canoeing
<b>12:45- 13:15</b>	Lunch	Lunch
<b>13:15-14:45</b>	Kayaking	Climbing
<b>14:45 – 15:00</b>	Break	Break
<b>15.00-16.30</b>	Canoeing	Areoball
<b>1730 -1830+</b>	Dinner	Dinner
<b>18:30+</b>	Self-led - Evening activities	Self-led - Evening activities
<b>Friday 21<sup>st</sup> October</b>	<b>Group 1 (11+1)</b>	<b>Group 2 (11+1)</b>
<b>08:00-09:00</b>	Breakfast	Breakfast
<b>09:30 – 11:00</b>	Keelboat Sailing	Initiative exercises
<b>11:00-11:15</b>	Break	Break
<b>11:15 – 12:45</b>	Keelboat Sailing	Archery
<b>12:45- 13:15</b>	Leave with a packed lunch	Leave with a packed lunch
<b>Depart</b>		

Activities we will take part in.....the children stay in 2 designated groups



The children are in 2 groups - mixed Year 5 and 6.

They will stay in the 2 groups all day - except for lunch /breaks/ dinner

They will be unable to move groups as the activities are on a rota system

There will be an instructor plus at least 1 member of staff with each group

Children will be supported and encouraged to take part in all activities.

We will not force any child to take part in an activity however, but encourage them to talk about what worries them.

Children will be encouraged to get up at 7.30am, wash and dress before breakfast at 8am

After breakfast, they will need to clean their teeth and prepare for a bed and room inspection at 9.15am

We will then get ready for the day!

There will be a mid morning break and an hour for lunch

Once the children are back at 4.30pm from the activities, they will have some down time before completing their log book – this will be a record of their residential.

Dinner is then served between 5.30 and 6.30pm

After dinner, the children will have some 'evening entertainment'! This may include, board games, a film or an evening walk to Chidham Point.

Children will be asked to get ready for bed at 8pm. There will be no talking after 8.30pm.

Staff will sit in the corridor until we are sure the majority of children are asleep.

Doors will be propped open so that children can get to the loo in the evening – we will put some low level lighting in the corridor so they can see.

If your child is unwell, we will contact you in the same way as when in school.

If there was an accident we would handle it as in school and contact you and inform you of the actions to take: pick up / go to hospital if needed.

PLEASE ENSURE WE HAVE ACCURATE CONTACT NUMBERS and your mobile is switched on and stays on through the night.

Please ensure you complete the medical form.

If a child has a headache / pain / allergic reaction we can administer adhoc medicine – we will keep a record as we would in school. We always get children to drink water first!