



NEWSLETTER



January 12th 2024

Monday 15th January	P.E. Day for Oak Class P.E Day for Beech Class Teacher led CLUBS TODAY 3-4PM
Tuesday	Oak Class Clarinet Lesson (4 week free trial with Mr Godfrey) CLUB TODAY: GYMNASTICS 3-4PM
Wednesday	P.E. Day for Willow Class CLUB TODAY: FENCING 3-4PM
Thursday	P.E. Day for Willow Class CLUB TODAY: FOOTBALL 3-4PM
Friday	Swimming Session for Beech and Oak Class

Parking

On behalf of parents with very young toddlers and babies or families where a child or family member may have a disability, please could I ask that the spaces closest to the school gate are reserved for their use. If these spaces are then **vacated as quickly as possible**, it should mean that there is space for more families who need this option. Thank you.

Fruit /Veg morning Snack

We just want to remind families that the morning snack should be fruit or vegetables. Dried fruit can be brought into school, but we would recommend you look closely at the sugar content:

Read more here: <http://tinyurl.com/337ynx52> As a school team we had a closer look at the advice and were surprised to read the facts!

Bear Fruit Yoyos, strawberry flavour. (information from Which website)

- Packaging claims:** Pure fruit, 1 of your 5 a day, no added nonsense, no added sugar, high in fibre, never from concentrates, only whole fruit and veg, with the same natural sugars as an apple.
- Reality:** Although the Yoyo is made entirely from fruit, it has been processed, blended and reconstituted into a shape so the sugar in it counts as free sugar.
 - A strawberry Yoyo contains **8g of free sugars per pack. = 42g of free sugars per 100g**
 - An apple contains no free sugars and around 10g total sugar per 100g.
 - 8g is 42% of the free sugar daily intake for children aged four to six**
 - 25% of the free sugar maximum intake for children aged seven to 10**

It is important for children to have a healthy snack to keep them going. The children in Key Stage 1 are provided with only whole fruit or vegetable choices by the Government scheme.

Headlice

It seems to be a never-ending battle I know – but currently Willow Class seem to be sharing eggs and headlice a little too often. Unless every parent in Willow Class is checking weekly and treating when they find any eggs, I am afraid this will continue.

I have put an information pack into all of Willow Classes book bags today. If your child is not in Willow Class, please do check the hair – especially if you have siblings. <https://www.onceaweektakeapeek.com/>
Long hair should be tied back and up to help prevent head-to-head contact. Thank you

Movie Night: use the QR code to go to the booking site.



Worship and Golden Book This Week:

Music: Miley Cyrus 'Climb' <http://tinyurl.com/yz38ctmf>

This week we have introduced the new value of Perseverance. this value is something that everyone can relate to at different points in their day and lives.

The children have made themselves a medal – which they can be awarded if they persevere with an aspect of their learning – from reading, to spellings to times tables!

In the Golden book this week:

Harrison(Y6) for his excellent writing, using his spelling dictionary to be accurate, Mathilda (Y5) for demonstrating the value of perseverance when working out problems with fractions, Vasyliisa (Y3) for using her prior knowledge to help her talk about the new topics in science and history and Raya (Y2) for her excellent stamina when writing a letter – she did not give up!

Finally, today we wished Mrs Radley, good luck and farewell (we will see her back in the summer!) as she leaves to have Baby Radley! We send her with all of our love and can't wait to hear all about her baby when he arrives. 🧡💖

Have a great weekend - Theresa Smyth and Team

Pressing on
Eager to continue
Running the race
Sticking with things
Encouraging each other to keep going
Valuing the support of others
Eyes fixed on the target
Reaching a goal over time
Aiming to complete the task
Not giving up
Commitment to keep going
Ending up where you want to be