



NEWSLETTER



Friday 20th December 2024

Dates for first week:

Monday 6 th January	NO CLUBS TODAY P.E. Willow Class
Tuesday	Gymnastic Club (paid for) 3-4pm
Wednesday	Hockey Club (paid for) 3-4pm Y6 to Lavant Primary school for initial singing rehearsal for United Voices: 1-2.30pm P.E. Beech Class and Year 5 only today
Thursday	Tennis Club (paid for) 3-4pm
Friday	NO SWIMMING THIS WEEK: normal uniform for Beech / Oak Y6 to Chichester Free school for singing rehearsal for United Voices P.E. Willow Class

P.E. Days

Willow: Monday and Friday

Beech: Wednesday and Friday (swimming)

Oak: Wednesday and Friday (swimming)

Reminders

Beech and Oak Class: Swimming Lessons: contributions for the term this week at the latest please.

Year 6: Hoodies 'shop' closes on the 17th January

Year 6: United Voices Concert at Chichester Festival Theatre: 15/01/25 – have you booked your tickets?

Clubs: If your child is attending a sport club – they need to bring a change of clothes for that day

A few dates

17/02/25 PTA: Film Night for children (timings to be confirmed)

17/02/25 Swimming starts for Beech and Oak

7/02/25 PTA: Disco Night for children (timings to be confirmed)

11th and 13th February: Parents Evenings for all children

14/02/25 INSET day

This has been a very busy and exciting week for the children with special daily events enjoyed.



Thank you to the entire team here at Singleton for making this a very special week for all of our children.



Some of you may be Strictly Come Dancing fans and watched as Chris Macausland, who has been blind for the past 20 years, won the competition.

For those of you who missed out on this glittery, spray tan 'Tango' of a treat – I want to share some of Chris's wise words during the final:

"Perfectionism is crippling. It stops you trying things. It stops you from doing things because you're worried - (but) it doesn't have to be perfect to be a success."

His words resonated with me as I start the preparation for visitors arriving and Christmas.

This morning, knowing that my daughter and her boyfriend are arriving before I return from work, I found myself looking at our house with 'perfectionism goggles' on.

I know that in the past I have worried over how 'perfect' the Turkey is, how best to cook a sprout, will someone like the gift I have brought for them – the list of wanting perfection goes on.

Yet ultimately all that really matters is that those who I love are with me. The meal will be a success because those sharing it are happy to be together and no one will notice whether a sprout is steamed or pan fried and I know that gifts will be gratefully received.

Pictures of 'perfection' flood social media and people can be left feeling less of parent or partner.

Imagine if there had been social media 2024 years ago. The Good News of the arrival of God's son would certainly have spread at lightning speed, but imagine the responses to a photo of Jesus laying in an animal's feeding manger, with straw for bedding! The 'trolling' would have been unimaginable.

And yet, in that moment the most 'perfect' baby was sent to be our Saviour. The circumstances of his birth may have been less than perfect – but His arrival was certainly a success.

As we start the final countdown to Christmas, I hope that whatever your celebrations look like, there are some moments of 'peace', plenty of laughter and joy and you have a wonderful time as a family.

I do know that Christmas can be hard for many people, for different reasons. This article on the MIND website is very supportive and has tips which may make a difference.

<https://www.westsussexmind.org/news/2024/tips-for-coping-with-christmas-pressures>

On behalf of the entire Singleton Team and Governors,

We wish you a very Happy Christmas
and Peaceful New Year

Theresa Smyth

